



**OPTIMA LIVING**  
Let us welcome you home

# 2022 Leadership Summit

## May 24 - 26

### Agenda

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#### **LOCATION:**

The Brew Creek Centre  
1 Brew Creek Road, Whistler BC. V8E 0A7  
Tel: 604.932.7210 <https://www.thebrewcreekcentre.com>

Landmarks From Vancouver/YVR Airport:

- The Centre is located 1km down a private gravel road off Hwy 99, approximately 33.1 km from the PetroCan, Chevron, Husky intersection at Garibaldi Highlands in Squamish.
- Watch for the small blue highway sign just past the turn off to Black Tusk & Pinecrest (move to left lane as you pass this intersection).

#### **DRESS CODE:**

- Smart casual, see link: [What is Smart Casual Attire](#)
  - Bring shoes for outdoor walks, tour of garden area
  - Meeting space has a “shoes off” policy
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#### **Objectives:**

- Scale our purpose
  - Inspire, grow and learn together
    - Self care and celebration

#### **DAY ONE – TUESDAY, MAY 24, 2022**

Arrive by 3:00pm

5:00pm - 5:45pm	Optima Welcome and Update
5:45pm - 7:00pm	Wine Tasting
7:00pm	Dinner

## **DAY TWO – WEDNESDAY, MAY 25, 2022**

<i>8:00am – 8:45am</i>	<i>Breakfast</i>
<i>8:45am - 9:00am</i>	Optima Welcome
<i>9:00am – 10:30am</i>	Dr. Adrian Wagg, AHS Chair in Healthy Ageing, Department of Medicine, U of A <ul style="list-style-type: none"><li>• Learn With Us</li></ul>
<i>10:30am – 10:45am</i>	<i>Break</i>
<i>10:45am – 12:30pm</i>	Bob Kallonen, former President of Amica <ul style="list-style-type: none"><li>• Lead With Us</li></ul>
<i>12:30pm - 2:00pm</i>	<i>Lunch</i>
<i>3:00pm – 5:00pm</i>	Garden Tour for those interested (meet Harriet at the Dome)
<i>5:00pm – 6:00pm</i>	Cailey Massey, Founder - Artful Enrichment <ul style="list-style-type: none"><li>• Play With Us</li></ul>
<i>6:00pm – 7:00pm</i>	Free time
<i>7:00pm</i>	<i>Dinner</i>

## **DAY THREE – THURSDAY, MAY 26, 2022**

<i>8:00am – 8:45am</i>	<i>Breakfast</i>
<i>8:45am - 9:00am</i>	Optima Welcome
<i>9:00am – 11:00am</i>	Katie Bennett <ul style="list-style-type: none"><li>• Grow with Us</li></ul>
<i>11:00am – 12:30pm</i>	Reflections and key learnings
<i>12:30pm - 1:30pm</i>	<i>Lunch and closing</i>
<i>2:00pm</i>	Depart