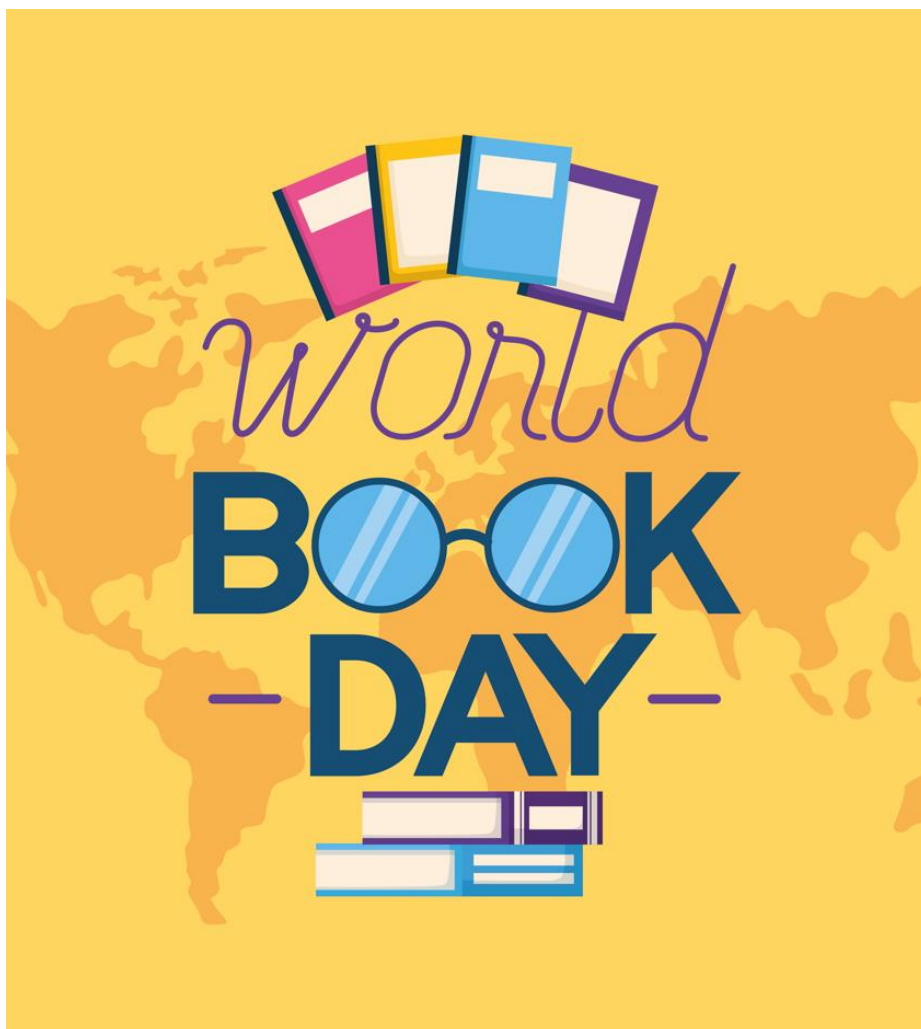


NEWSLETTER

April 2025

Laurel Heights Retirement Residence -3110-22nd Ave NW T6T0R2



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Editor's Desk



Hello Residents, Families and Friends!

Welcome to April! This month is filled with opportunities for joy, learning, and creativity. Easter reminds us of renewal, hope, and togetherness, bringing light to the season.

World Book Day encourages us to celebrate the magic of storytelling and the wisdom found in books, reminding us that every page holds the power to transport us to new worlds.

April is also home to World Creativity and Innovation Week, a time to embrace fresh ideas, think outside the box, and explore new possibilities.

Whether you're enjoying a favorite book, trying your hand at something creative, or sharing laughter with loved ones, let's make this month one of inspiration, curiosity, and discovery!

Jap Sokal-Recreation Therapist

April Trivia

It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

Zodiac signs: **Aries & Taurus**

Birthstone: **Diamond**

Flower: **Daisy & Sweet Pea**

Quote of the Day

*Laughter is timeless,
imagination has no
age, and dreams are
forever.*

– Walt Disney

What We've Been Up to Lately



Mardi
Grass
Celebration



Holi Celebration



Life in Our Community



St Patrick's
Celebration



Upcoming Events

Wine and Watch Night- April 2 & 9

Wednesday in April: 6:00pm- Theater

Easter Egg Painting -April 5

Saturday in April : 3:00pm -Games Room

Easter Crafts-April 6, 13

Sundays in April : 3:00pm- Games Room

Easter Brunch – April 20th

Sunday in April : 11:00am-Main Dining Room

Open House-April 26th

Saturday in April : 2:00pm

Volunteer Appreciation Day-April 27th

Sunday in April : 2:00pm- Multipurpose Room



Regular Events

- Happy Hour every Saturday at 6pm
- Non-Catholic Church Service every Tuesday at 10:30am
- Roman Catholic Mass every Thursday at 11:00am
- Lunch Outing Every Thursday at 11:30am
- 10 cent Bingo every Tuesday at 1:30pm

Entertainment

- April 3rd at 2:00pm w/ Brian
- April 10th at 2:00pm w/ Wes and Wendy
- April 24th at 2:00pm w/ Mike Hust
- April 26th at 2:00pm w/ Mitchel Douglas

April 15, 1770: The Pencil Eraser

On this day, Joseph Priestley discovered that rubber could erase pencil marks. This simple invention changed the way people write and correct their work. Before erasers, people used bread crumbs to remove mistakes! Today, the pencil eraser remains a small but mighty tool in classrooms, offices, and art studios worldwide.

April Birthdays

In April, we celebrate birthdays with:

- April 3rd
 - Sophie Sakousky
 - Larry Turigan
- April 4
 - Kathy Nichol
 - Shirley Clayson
- April 5 -Mark Rennie
- April 6 -Ray Gaudreau
- April 7 -Norman Smith
- April 11-Evelyn Joyce Sneddon
- April 18 -Yvette LaBoucane
- April 25 -Elizabeth Reekie & Rita Singh
- April 29 -Leona Maclean
- April 30- Perreault O'Neil



April Trivia

- The Hubble Space Telescope was launched on April 24, 1990, revolutionizing our understanding of the universe.
- The first modern Olympics opened in Athens on April 6, 1896, reviving the ancient tradition of international competition.
- On April 12, 1961, Yuri Gagarin became the first human to travel into space, marking a milestone in exploration.
- The famous novel "The Great Gatsby" by F. Scott Fitzgerald was published on April 10, 1925.

Poem to Share



The Garden

By Ralph Waldo Emerson

The garden is the place I go,
To let my heart and spirit grow.
Amidst the flowers, soft and bright,
I find my peace, my soul's delight.

The buzzing bees, the singing birds,
Speak nature's love without mere words.
Each leaf and petal, green and fair,
Whispers joy beyond compare.

The garden's beauty, calm and deep,
Lulls my worries fast asleep.
For in this haven, pure and free,
The world and I find harmony.

Laughing Matters



The Parking Lot

A routine police patrol was passing outside a bar in Forth Worth, Texas when the officer saw a very drunk man looking for his car in the car park. He kept watching him while the drunk proceeded to try his keys in 5 different cars and nearly fell over a motorbike.

Meanwhile the patrons of the bar started going home while the drunk kept looking for his car. He finally found his car and took a while to open the door. Once inside the car, he attempted to light a cigarette 6 times.

By now the car park was empty and the police patrol decided to go and talk to the drunk before he started the car. He approached the car and said to the man: 'You know, sir, you are not allowed to drive under the influence!'

'Driving under the influence? Me?' said the man brightly and sounding very sober.

'I doubt it very much Officer; I'm just the designated decoy!'

Survival of the fittest

Two lawyers walking through the woods spotted a vicious looking bear.

The first lawyer immediately opened his briefcase, pulled out a pair of sneakers and started putting them on.

The second lawyer looked at him and said, "You're crazy! You'll never be able to outrun that bear!"

"I don't have to," the first lawyer replied. "I only have to outrun you."

Word Search

BOOK TITLES



A N S A Q P Q F C T K H F M
F M W Z H O P R J D M E P I
W E M M A L E A P Y G I Y E
P T R U M L R N L I C D G M
M A E L M Y S K O V I I M I
A M B Y A A U E L A N S A D
T O E S T N A N I N D G L D
O R C S I N S S T H E R I L
N P C E L A I T A O R A O E
E H A S D Y O E C E E C N M
M O K I A I N I Q Q L E R A
E S T E P P E N W O L F P R
N I G X D R A C U L A K F C
T S F A U S T C A R R I E H

Metamorphosis
Dracula
Disgrace
Ulysses
Pollyanna

Heidi
Ivanhoe
Rebecca
Cinderella
Persuasion

Middlemarch
Pygmalion
Steppenwolf
Frankenstein
Atonement

Emma
Lolita
Carrie
Matilda
Faust