

# Newsletter

*Parkwood Court*

## *Upcoming*

### Resident & Family Council Meeting

April 19th at 10AM

1st Floor Lounge

### European Cities with Dr. Clem Persaud

April 18th at 11AM

1st Floor Lounge

### Chair Yoga with Rena

April 11th & 25th at 10:30AM

1st Floor Lounge

Would You Like to FaceTime  
Your Family?

Register with the Active Living  
team, or email  
[samantha.jones@optimaliving.ca](mailto:samantha.jones@optimaliving.ca)



As the flowers bloom and the days grow longer, we're excited to embrace a new season filled with fresh opportunities and vibrant energy. This month, we extend a warm welcome to Sophie, our newest addition to the team. With over six years of experience in the care home industry, Sophie joins us as a part-time recreational aide, bringing a wealth of knowledge and compassion to our community.

But that's not all – mark your calendars for April 5th as we welcome a talented hairstylist to our community! Whether it's a trim, a new style, or just a chat, our hairstylist will be here to pamper and make you feel your best.

In celebration of our growing family, we invite you to join us for an Open House event filled with music, delectable food, and lively conversation. It's a perfect opportunity to mingle with our staff, learn more about our programs, and immerse yourself in the warmth of our community. Don't forget to RSVP to secure your spot!

### Bus Outings:

Check Back Next Month for Exciting Bus Trips!

# Special Programming

## Oaklands Elementary School Visit

April 5th at 10:45AM

Oaklands Elementary Grade 2 Class will be visiting to do an Easter Egg Hunt in the patio (weather permitting).

1st Floor Lounge

## National Canadian Film Day

April 17th at 3:15PM

CanFilmDay is a massive, coast-to-coast-to-coast salute to Canadian cinema! Join us to celebrate our stories and the incredible achievements of our filmmakers.



### Parkwood Court

An OPTIMA LIVING Community

You are invited to our

## OPEN HOUSE

Friday, April 12th  
Saturday, April 13th  
1 PM - 4 PM



250-598-1575  
parkwoodcourtseniors.ca

Long-Term Care

**RSVP** to the Open House with **Jacqui McAfee**

[jacqui.mcafee@optimaliving.ca](mailto:jacqui.mcafee@optimaliving.ca)

# Parkwood Court is Scent-Free

PLEASE REFRAIN FROM:

**Bringing Fragrant Flowers**

**Wearing Scented Beauty  
Products**

For the comfort of those with  
sensitivities

# Movie Mondays

*1st Floor Lounge at 3 PM*

**MONTY PYTHON AND THE HOLY  
GRAIL**

*April 1st*

**THE SOUND OF MUSIC**

*April 8th*

**OLD YELLER**

*April 15th*

**THE SIGN OF ZORRO**

*April 22nd*

**DAVY CROCKETT: KING OF THE WILD  
FRONTIER**

*April 29th*

# April Birthdays

**Kathleen S. - 19th**

**Stephanie B. - 20th**

**Joyce S. - 24th**



Join us for our Birthday Tea on  
Wednesday April 24th

# Upcoming Music Happy Hour

*1st Floor Lounge*

*3:30PM to 4:30PM*



**MICHAEL MAJOCHA**

*April 19th*

# Parkwood Court Management

**GENERAL MANAGER**

*Jeff Baergen*  
250-519-5020

**COMMUNITY RELATIONS  
COORDINATOR**

*Jacqui McAfee*  
250-519-5014

**ADMINISTRATION MANAGER**

*Kaitlyn Mann*  
250-519-5010

**DIRECTOR OF CARE**

*Julie Atkinson*  
250-519-5013

**RESIDENT CARE COORDINATOR**

*Makayla Carlton*  
250-380-1005

**ASSISTANT DIRECTOR OF CARE**

*Rani Gahunia*  
250-380-1005

**MAINTENANCE MANAGER**

*Andy Abuleal*  
250-519-5032

**FOOD AND BEVERAGE  
MANAGER**

*Alan Van Tassell*  
250-519-5016

**LIFESTYLE & PROGRAM  
MANAGER**

*Samantha Jones*  
250-519-5015

# Welcome Home!

